

Elmstead Wood Primary School

ALLERGY AWARE MENU

Suitable for pupils with allergies within the 14 EU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	GF/DF Chicken & Tomato Basil Pasta 680377	Bunless Homemade Beef Burger 670554	Lemon & Herb Roast Chicken 725312	Beef Bolognese with GF Pasta 679407	DF/GF BBQ Chicken Pizza & Chips 670554
VEGGIE	DF/GF Tomato & Basil Pasta 681142	Bunless Spinach & Chickpea Burger 679531	Vegetable Kebab 743005	DF/GF Cheesy Tomato Pasta 679533	DF/GF Cheese & Tomato Pizza 670572
SIDES	Chef's Salad 630035	Homemade Potato Wedges & Texan BBQ Baked Beans 716095	Spiced Rice & Grilled Corn 711388	Chef's Salad 630035	Beans or Peas 640466
PASTA & JACKET	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	DF/GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595
PUD	AA Vanilla Cake 679611	GF Apple Crumble 688416	Fruit Jelly 630866	Fruit Jelly 630866	Peaches 738512

Fresh Fruit
NO DAILY SALAD BAR

Only serve what is on this menu.

This menu must be used everyday for children with allergies to the 14 EU.

DATES

13 APR / 04 MAY
01 JUN / 22 JUN / 13 JUL

STOP AND THINK!

Have you completed the Student Allergen Management Record?



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	DF/GF BBQ Chicken Pizza 679659	Stir Fried Chicken with Steamed Rice 680388	Roast Chicken & Gravy 630301	Chicken Kebab 660129	BBQ Chicken & Chips 739290
VEGGIE	DF/GF Cheese & Tomato Pizza 670572	Stir Fried Chickpeas & Vegetables with Steamed Rice 681135	Jacket Potato with Baked Beans & DF Cheese 681015	Jerk Vegetables 725451	Jacket Potato with Baked Beans & DF Cheese 681015
SIDES	Homemade Potato Wedges & Sweetcorn 644277	Stir Fried Greens 630271	Seasonal Greens 641529	Steamed Rice & Chef's Salad 738375	Beans or Peas 640466
PASTA & JACKET	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	DF/GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595
PUD	AA Chocolate Cake 679600	AA Vanilla Cake 679611	Fruit Jelly 630866	AA Lemon Cake 679656	Fruit Jelly 630866
Fresh Fruit NO DAILY SALAD BAR					

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DATES

20 APR / 11 MAY
08 MAY / 29 JUN / 20 JUL

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WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Mexican Chicken 630075	Beef Bolognese with GF Pasta 679407	Roast Chicken & Gravy 630301	AA Chicken Curry 679503	DF/GF Chicken & Sweetcorn Pizza 670554
VEGGIE	Baked Cajun Chickpea & Pepper Stew 725463	Roasted Vegetable Bolognese with GF Pasta 681102	Jacket Potato with Baked Beans & DF Cheese 681015	AA Vegetable Curry 679516	Jacket Potato with Baked Beans & DF Cheese 681015
SIDES	Steamed Rice & Green Beans 640417	Chef's Salad 630035	Rustic Roast Potatoes & Medley of Seasonal Vegetables 689911	Pilau Rice with Green Beans & Sweetcorn 726760	Beans or Peas 640466
PASTA & JACKET	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	DF/GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595
PUD	AA Lemon Cake 679656	GF Summer Berry Crumble 738521	AA Lemon Cake 679656	Fresh Fruit 638179	AA Chocolate Cake 679600
Fresh Fruit NO DAILY SALAD BAR					

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DATES

27 APR / 18 MAY
15 JUN / 06 JUL /

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