






# WEEKLY MENU

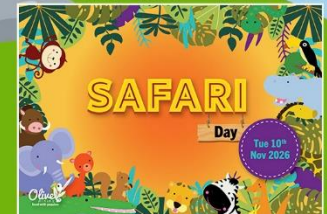
WEEK 1  
WEEK 2  
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b> 	Smokey BBQ Chicken	Super Swirl Beefy Pasta (G/W)	Roast Chicken with Gravy	BBQ Chicken & Sweetcorn Pizza (MK, G/W)	Captain's Crispy Fish Fingers or Salmon Fishcake & Chips (F, G/W)
<b>VEGGIE</b> 	Smokey BBQ Pulled Jackfruit	Super Swirl Veggie Pasta (G/W)	Cheesy Veggie Hot Pot with Gravy (CE, MK, G/W)	Cheesy Tomato Pizza (MK, G/W)	Cheesy Mexican Veggie Burrito & Chips (MK, G/W)
<b>SIDES</b> 	Steamed Rice with Sweetcorn & Green Beans	Carrots & Broccoli	Rustic Roast Potatoes & Seasonal Vegetables	Homemade Potato Wedges & Baked Beans	Baked Beans or Peas
<b>PASTA &amp; JACKET</b> 	Italian Tomato Twirl Pasta (CE, MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Vegetable Pasta (CE, G/W)
<b>PUD</b> 	Banana Bonanza Sponge & Creamy Custard (E, MK, SO*, G/W)	Golden Pear Crumble with Custard (MK, G/B*, O, W)	Vanilla Shortbread (G/W)	Chocolate Mousse (MK, SO*)	Vanilla Sponge with Chocolate Sauce (E, MK, SO*, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

## THEME DAYS



## DATES

31 AUG / 21 SEP  
12 OCT / 09 NOV / 30 NOV

## ALLERGENS

CE = CELERY      F = FISH      G/O = OATS      L = LUPIN      MU = MUSTARD      SO = SOYA      \* = MAY CONTAIN  
CR = CRUSTACEAN      G = GLUTEN      G/R = RYE      MK = MILK      N = NUTS      SU = SULPHUR      V = VEGAN  
E = EGGS      G/B = BARLEY      G/W = WHEAT      MO = MOLLUSCS      P = PEANUTS      SE = SESAME SEEDS      S = SEASONAL VEG



# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## THEME DAYS

### MAIN



**Beef Ragu Topped Mac & Cheese**  
(MK, G/W)

**Mild Chicken Tikka Masala**  
(MK, G/B\*, O\*, R\*, W\*)

**Butcher's Sausage & Gravy**  
(SU, G/W)

**Homemade Beefy Lasagne**  
(E\*, MK, G/B\*, W)

**Pepperoni Pizza**  
(CE\*, E\*, MK, MU\*, SO\*, G/W)

S

### VEGGIE



**Roasted Butternut Squash Topped Mac & Cheese**  
(MK, G/W)

**Mild Vegetable Tikka Masala**  
(MK, G/B\*, O\*, R\*, W\*)

**Veggie Sausage & Gravy**  
(G/W)

**Homemade Roasted Squash & Root Vegetable Lasagne**  
(E\*, MK, G/W)

**Margherita Pizza**  
(MK, G/W)

S

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V

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### SIDES



**Peas & Sweetcorn**

**Steamed Rice with Carrots & Green Beans**

**Mashed Potato & Carrots**  
(MK)

**Broccoli**

**Homemade Potato Wedges & Baked Beans**

V S

V S

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V S

V S

### PASTA & JACKET



**Jacket Potato with a Choice of Fillings**  
(E, F, MK)

**Italian Tomato Twirl Pasta**  
(CE, MK, G/W)

**Jacket Potato with a Choice of Fillings**  
(E, F, MK)

**Tomato & Vegetable Pasta**  
(CE, G/W)

**Jacket Potato with a Choice of Fillings**  
(E, F, MK)

S

V S

### PUD



**Apple Sponge & Custard**  
(E, MK, SO\*, G/W)

**Chocolate Shortbread Biscuit**  
(G/W)

**Sticky Toffee Apple Crumble with Custard**  
(MK, G/W)

**Jam Sponge with Custard**  
(E, MK, SO\*, SU, G/W)

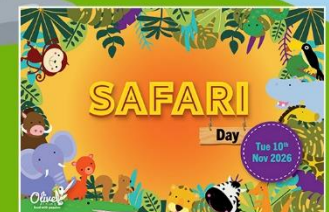
**Cool School Ice Cream**  
(MK)

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S

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



## DATES

07 SEP / 28 SEP  
19 OCT / 16 NOV / 07 DEC

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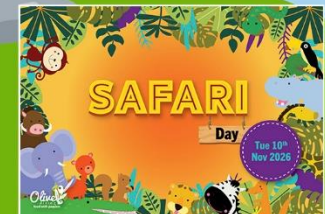
WEEK 1  
WEEK 2  
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Sticky Chicken Pasta Bake (CE, G/W)	Chicken Curry (CE)	Roast Chicken with Gravy	Hot Dog (CE, SE*, SO*, SU, G/W)	Crispy Catch Fish & Chips (F, G/B*, W)
<b>VEGGIE</b>	Sticky Veggie Pasta Surprise (CE, G/W)	Veggie Curry (CE, G/B*, O*, R*, W*)	Roast Jerk Quorn Fillet (G/W)	Veggie Hot Dog (SE*, SO*, G/W)	Cheesy Pizza & Chips (MK, G/W)
<b>SIDES</b>	Broccoli	Steamed Rice & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Homemade Potato Wedges & Baked Beans	Baked Beans or Peas
<b>PASTA &amp; JACKET</b>	Jacket Potato with a Choice of Fillings (E, F, MK)	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Italian Tomato Twirl Pasta (CE, MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)
<b>PUD</b>	Winter Berry Cake (E, MK, SO*, G/W)	Syrup Sponge with Custard (E, MK, SO*, G/W)	Oaty Crunch Cookie (MK*, G/B*, O, W)	Mixed Berry Crumble with Custard (MK, G/W)	West Indian Fruit Cake (E, MK, SO*, G/W)

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## THEME DAYS



## DATES

14 SEP / 05 OCT  
02 NOV / 23 NOV / 14 DEC

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